

Flu Testimonial

Doctor: Every year, I care for patients in the ICU who are incredibly sick, patients who have tubes down their throats, machines breathing for them, and they're desperately clinging to life all because of an infection that's preventable and that infection is the flu.

Patient: Early part of this year, I had decided to not receive the flu vaccine and ended up getting sick from the flu. I end up in the hospital. Organs were failing, come to find out. And if it wasn't for the great doctors here at Kaiser Permanente, I wouldn't be here today.

Doctor: I want to emphasize that the flu vaccine is the single most important thing that you can do to protect yourself during the flu season. But it's not just you we're trying to protect. We'd like to protect your children, your family, your grandparents, and all the loved ones that are in your life. So, please, get the flu vaccine.

Patient: Don't end up like me. Remember, get the flu shot 'cause I know I will.