

Shayla Nimmons:

I've been with Kaiser for about three years now. I have a five-year-old son, Michael. I like to work out, I like to dance, I like to spend time with my son and just keep him as happy as possible. I joined Kaiser because I do feel like I'm getting affordability and the quality of care. I love my pediatrician for Michael. She is awesome. I like the fact that she remembers him every time we go in there. It's not like she's constantly reading a chart. She has a genuine interest in his development and we spend time together. It's not like a five-minute visit like I've had at some of my other providers, so I feel like there's a relationship there. She genuinely cares.

So I have asthma. The relationship with me and the specialist is very positive. He makes me feel like I'm not out there by myself trying to deal with everything that I've been going through with my treatment plan. He's right there for me. The video visits have come in handy from a convenience standpoint and also from an accessibility standpoint, and so that's important to me. What's kept me at Kaiser is the convenience of the one-stop shop. For me, being a single mom, having a busy schedule and working the way that I do, having that all in one place is very positive. The relationships that I formed with Michael's pediatrician and my own specialist, I don't think you can really put a price on that. They care about me, they care about my son, and I plan to stay around.