

### **Kaiser Permanente Hawaii Member – Hoakalei S. – Team Built for Me**

I've always been an athlete, and I want to keep playing volleyball as long as I can. I asked my doctor at Kaiser Permanente if we could check out an old shoulder tear and my knees – and just my whole health. He was like “Let's do it!” He laid it all out for me and built a team of experts without me having to do it myself or stress (out) about it. It was so convenient. I can tell they're invested in my health. Kaiser Permanente makes me feel like I can live life and live more.