



Utilization *ALERT*

- Prior to use of this MCP for evaluation of medical necessity, benefit coverage **MUST** be verified in the member's EOC or benefit document.
- For Medicare members, please refer to CMS guidelines through Medicare Coverage Database requirements.
- Note: After searching the Medicare Coverage Database, if no NCD/LCD/LCA is found, then use the policy referenced above for coverage guidelines

I. Procedure/Service: Biofeedback

II. Coverage Indications

Biofeedback is considered second or third line treatment option for the following conditions and is a covered service along with other rehabilitation treatments.

A. Pain related to:

1. Migraine and tension headaches;
2. Temporo-mandibular joint syndrome;
3. Pelvic or anal pain;
4. Cancer pain

B. GU/GI related

1. Urinary and fecal incontinence;
2. Pelvic organ prolapse, with or without incontinence;
3. Irritable bowel syndrome;
4. Levator Ani syndrome;
5. Constipation;
6. Voiding dysfunction in the pediatric population

C. Neuro/muscular related third line treatment

1. Tinnitus;
2. Raynaud's disease;

III. Exclusions

All other indications for use are considered **experimental and investigational** and are not covered.



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Biofeedback
Medical Coverage Policy

Approval History

| Date approved by RUMC* | Date filed with the State of Maryland | Date of Implementation (Ten days after filing) |
|-------------------------------|--|---|
| 06/17/2011 | 06/21/2011 | 07/02/2011 |
| 05/17/2012 | 05/21/2012 | 06/01/2012 |
| 04/29/2013 | 04/30/2013 | 05/11/2013 |
| 04/30/2014 | 04/30/2014 | 05/10/2014 |
| 04/22/2015 | 04/28/2015 | 05/11/2015 |
| 03/28/2016 | 03/30/2016 | 04/11/2016 |

*The Regional Utilization Management Committee received **delegated authority** to review and approve designated Utilization Management and Medical Coverage Policies by the Regional Quality Improvement Committee in 2011.

Approval History

Effective June 01, 2016, state filing no longer required per Maryland House Bill [HB 798](#) – Health Insurance – Reporting

| Date approved by RUMC | Date of Implementation |
|------------------------------|-------------------------------|
| 03/30/2017 | 03/30/2017 |
| 03/29/2018 | 03/29/2018 |
| 02/25/2020 | 02/25/2020 |
| 02/17/2021 | 02/17/2021 |
| 02/28/2022 | 02/28/2022 |
| 01/26/2023 | 01/26/2023 |
| 01/24/2024 | 01/24/2024 |

Note: Kaiser Permanente Mid-Atlantic States (KPMAS) include referral and authorization criteria to support primary care and specialty care practitioners, as appropriate, in caring for members with selected conditions. Whenever possible, Medical Coverage Policies are evidence-based and may also include expert opinion. Medical Coverage Policies are not intended or designed as a substitute for the reasonable exercise of independent clinical judgment by a practitioner in any particular set of circumstances for an individual member.

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