

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Methylnaltrexone tablets (Relistor)

Notes:

Quantity Limits: Yes

Initiation (new start) criteria and criteria for new members entering Kaiser Permanente already taking the medication who have not been reviewed previously:

Non-formulary **methylnaltrexone tablets (Relistor)** will be covered on the prescription drug benefit when the following criteria are met:

1. Patient has a diagnosis of opioid induced constipation with an active opioid prescription
 - Patient is at least 18 years old
 - Prescriber is an Oncologist, Gastroenterologist, Hospice/Palliative Care clinician for a patient currently enrolled in Hospice or Palliative Care program, or after consultation with a Pain Management Specialist
 - Patient is intolerant to, has a contraindication to, or had an inadequate response to at least 2 weeks of scheduled doses of the following medications:
 - Polyethylene glycol (MiraLAX/ClearLax)
 - Lactulose or sorbitol
 - Senna
 - Bisacodyl
 - Lubiprostone (Amitiza)
 - Naloxegol (Movantik) (criteria based)
 - Naldemedine (Symproic) (criteria based)

These agents should be used regularly to be effective in management of opioid-induced constipation. Medications with different mechanisms of action and/or routes of administration can be used in combination for improved efficacy (ex. osmotic with stimulant laxatives).