

Preventive tier drugs to help keep you healthy

At Kaiser Permanente, we don't just care for you when you're sick – we help you stay healthy too. One important part of maintaining good health is detecting and managing problems before they become serious. If you have our Value-Based prescription benefit package with a disease state preventive tier, the following drugs may be available at a reduced cost or no copay.

Kaiser Permanente utilizes a drug formulary, a list of prescription drugs that are preferred and have been approved for our members. The preventive drug list below contains drugs from our formularies designated to be at little or no cost to you, if your prescription benefit package allows – even before your deductible (if applicable) is met. For a complete formulary list, call Member Services or visit kp.org. This list is not a substitute for your plan's formulary and may list drugs that are not covered under your pharmacy benefit.

Asthma

- Albuterol Sulfate (Neb/Oral/Syr)
- Albuterol Sulfate HFA
- Ciclesonide (Alvesco AERS)
- Fluticasone Propionate (Flovent HFA AERO) 44mcg
- Fluticasone-Salmeterol (WIXELA INHUB AEPB)

Cholesterol

- Atorvastatin
- Cholestyramine
- Cholestyramine Light
- Fenofibrate
- Lovastatin
- Pravastatin
- Rosuvastatin
- Simvastatin

Diabetes

- Glimepiride
- Glipizide
- Insulin Regular
- Insulin Glargine – YFGN
- Metformin HCl

Hypertension

Ace Inhibitors

- Lisinopril
- Lisinopril & HCTZ

Alpha-2 Blockers

- Doxazosin Mesylate

Alpha-Beta Blockers

- Carvedilol
- Labetalol HCl

Angiotensin II Inhibitor

- Losartan Potassium
- Losartan Potassium & HCTZ

Beta Blockers

- Atenolol
- Bisoprolol Fumarate
- Metoprolol Tartrate
- Propranolol HCl

Calcium Channel Blockers

- Amlodipine Besylate
- Diltiazem HCl
- Verapamil HCl

Diuretics

- Amiloride
- Chlorthalidone
- Furosemide
- Hydrochlorothiazide (HCTZ)
- Metolazone
- Spironolactone
- Spironolactone & HCTZ
- Torsemide

- Triamterene & HCTZ

Misc. Antihypertensive

- Clonidine HCl

Vasodilating Agents

- Hydralazine HCl
- Isosorbide Dinitrate
- Isosorbide Mononitrate

Osteoporosis

- Alendronate Sodium

Stroke Prevention

- Clopidogrel Bisulfate
- Warfarin Sodium

NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of Colorado (Kaiser Health Plan) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no-cost aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no-cost language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, call **1-800-632-9700** (TTY **711**).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail at: Customer Experience Department, Attn: Kaiser Permanente Civil Rights Coordinator, 10350 E. Dakota Ave, Denver, CO 80247, or by phone at Member Services **1-800-632-9700** (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, (TTY **1-800-537-7697**). Complaint forms are available at hhs.gov/ocr/office/file/index.html.

HELP IN YOUR LANGUAGE

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-800-632-9700** (TTY **711**).

አማርኛ (Amharic) ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ **1-800-632-9700** (TTY **711**)።

لغة عربية (Arabic) ملحوظة: إذا كنت تتحدث بحديث عربي فإن خدمات المساعدة اللغوية متوفرة لك مجاناً. لتصل برفق **1-800-632-9700** (TTY **711**)

Bàsòò Wùdù (Bassa) Dè dɛ nià kɛ dyédé gbo: ɔ jũ ké ñ Bàsòò-wùdù-po-nyò jũ ní, níí, à wùdù kà kò dò po-poò béin ñ gbo kpáa. Đá **1-800-632-9700** (TTY **711**)

中文 (Chinese) 注意: 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-632-9700** (TTY **711**)。

فارسى (Farsi) توجه: اگر بھ زبان فارسی سیکھتے ہو میکی ہنس ہیات نزل وی صورت واکٹا برای
ش مہر ام میٹل دبا 1-800-632-9700 (TTY 711) تہا بگی ید.

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-632-9700 (TTY 711)**.

Deutsch (German) ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.
Rufnummer: **1-800-632-9700 (TTY 711)**.

Igbo (Igbo) NRUBAMA: O bụrụ na ị na asụ Igbo, ọrụ enyemaka asụsụ, n'efu, dijiri gi.
Kpọọ **1-800-632-9700 (TTY 711)**.

日本語 (Japanese) 注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。**1-800-632-9700 (TTY 711)** まで、お電話にてご連絡ください。

한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-632-9700 (TTY 711)** 번으로 전화해 주십시오.

Naabeehó (Navajo) Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kóji' hódíílnih **1-800-632-9700 (TTY 711)**.

नेपाली (Nepali) ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । **1-800-632-9700 (TTY: 711)** (फोन गर्नुहोस् ।

Afaan Oromoo (Oromo) XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa **1-800-632-9700 (TTY 711)**.

Русский (Russian) ВНИМАНИЕ: если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-632-9700 (TTY 711)**.

Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-632-9700 (TTY 711)**.

Tagalog (Tagalog) PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.
Tumawag sa **1-800-632-9700 (TTY 711)**.

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-632-9700 (TTY 711)**.

Yorùbá (Yoruba) AKIYESI: Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi **1-800-632-9700 (TTY 711)**.