



Kaiser Permanente Colorado is pleased to announce Doula Coverage for HMO and PPO Large Group and CHP+ Members Effective 7/1/2025

Overview

For plans issued or renewed on or after July 1, 2025, Kaiser Permanente Colorado will cover doula services. This coverage is available to large group HMO, PPO, and CHP+ members only.

Doula services:

For plans issued on or renewed on or after July 1, 2025, Kaiser Permanente will cover doula services. This coverage is available to large group HMO, PPO or CHP+ members only. Services include:

- Perinatal support services, including emotional support, guidance, and education on caring for a newborn, to prevent adverse outcomes.
- Delivery support services providing in-person continuous emotional and guidance.
- Postpartum support to improve member outcomes and support.
- Doula services are available to any eligible member who is pregnant or has been pregnant within the last 12 months without a referral

Members will have coverage for 11 doula visits per pregnancy (prenatal and postpartum), within a 12-month period. The visits can be any combination of prenatal, postpartum or support if the pregnancy ends in stillbirth or miscarriage.

Members will have coverage for 1 doula visit for support during labor and birth. The plan's hospital cost share will apply to this service.

Until Kaiser Permanente contracts with doulas, members may choose any doula that meets state qualification requirements. Members can contact Kaiser Member Services at 800-632-9700 (Monday – Friday 8am to 6pm) if they have specific questions or to confirm benefits.

Doula coverage is **NOT covered** for KPCO members in the following plans:

- CO Medicare Group and Individual DPA plans
- Self-funded plans (unless the group adds doula coverage)

- KPIF plans
- Small Group Plans

Note: Medicaid covers doula services, but Medicaid members will need to work with their Regional Accountable Entities to find an eligible provider.

Thank you,

Kaiser Permanente Colorado